



Welcome Home Program

for

Returning Combat Veterans

Free Weekend Retreats in Payson

The Merritt Center - a non profit organization - is offering a special retreat program for combat veterans. With the assistance of mentors, who are veterans themselves, and healing practitioners; returning vets will open the program with a Talking Circle to begin to release the experiences of war and to begin to create the dream of a new life.

Through group and individual activities, participating veterans will learn to recognize the triggers of negative combat experience and learn ways to release negativity and reorder their personal priorities. They will learn to cleanse themselves of toxins of mind, body, emotions and spirit through a Sweat Lodge ceremony. They will learn to use therapeutic massage, emotional clearing energy sessions and other useful tools in their journey. The final retreat weekend will include family members who will join in a celebration of service and the awakening of a new vision of their future.

All returning veterans are welcomed to participate free of charge.

A Women's Retreat will begin December 1.

Call for info & application: 928 474 4268

Donations to support this program are welcomed.

The Merritt Center • PO Box 2087 • Payson, AZ 85547

www.merrittcenter.org

